

NWVRA DRESSING ROOM POLICY

Updated: June 20, 2019

Dressing Room Etiquette is an important aspect of games and practices. Following the policies below will reduce the potential for conflict in and around team dressing rooms. It is the responsibility of the Coaches and Team Manager(s) to ensure that this policy is followed.

Keeping the Code of Conduct – All players, coaches, managers and other adult volunteers are expected to act in accordance with their *Code of Conduct*.

Phones & Other Media Devices – Phones and cameras may not be used in the dressing room. This is a Ringette Canada rule intended to protect the privacy of the players and will be strictly enforced. Players and adults are expected to keep all phones put away (bag, pocket or purse) and step out of the dressing room to answer or make calls or retrieve messages.

Music – Coaches and Managers may provide a team playlist that is age appropriate and that players may contribute to.

Vaping, Smoking, Alcohol, Marijuana and Illegal Drugs – Members of NWVRA are not permitted to use or have any materials related to vaping, smoking, alcohol, marijuana or illegal drugs in dressing rooms or the vicinity of any practice, game or other ringette-sanctioned event.

Helping with Gear & Skates– Players from U12 and up are generally capable of putting on gear and tying skates and should not require adult assistance. Players U10 and lower may have parent assistance with gear before and after practices & games.

Co-Ed Dressing

1. All players may participate in the team (co-ed) dressing room for changing, warm-up or coach-talk purposes.
2. Neither Male nor Female players will undress to less than a minimum of shorts/athletic pants and a tee-shirt/athletic shirt while members of the opposite gender are present. This will require that players on co-ed teams or with co-ed coaches arrive wearing these items at a minimum or use a washroom or other private space (e.g. alternate changeroom) to change.

The Rule of Two

1. The Rule of Two stipulates that there will always be two screened and NCCP trained or certified coaches with an athlete especially a minor athlete. In the event that a second screened and NCCP Trained or Certified coach is not available then a screened volunteer, parent or adult can be recruited.
2. A lone personnel member should never be in the dressing room with players at any: two (2) adults must be present together. If one adult has arrived and is waiting for another then they shall wait outside an open door and enter only when another approved adult can join them.
3. All teams U19 and below shall have two adults (19+) present in the dressing room - before and after games and practices – to supervise and ensure that the dressing room policy is being followed. The supervision timeframe is 1 hour before games, ½ hour before practices, and ½ hour after games and practices.

4. Parents providing dressing room supervision must complete and submit a Volunteer Form and Police Information Check (as is the case with Coaches & Managers).

Dressing Room Security – It is the responsibility of the Manager (or their designate) to have a lock and key to lock up the dressing room while the players are on the ice and to unlock it when they come off the ice. Dressing rooms are to be left clean after each practice or game.

Breach of Policy – Any member who breaches this policy may face suspension or loss of dressing room privileges for a period of time corresponding to the severity of the breach.